



Breakfast	Lunch	Dinner
Monday Home-made porridge and spinach and egg muffins. Bagels, muffins, fresh fruit. Home-made bacon and spinach muffins. Bread and jams and a choice of milk for all dietary needs.	Home-made lamb and rosemary casserole * Selection fresh fruit	Home-made sultana bread (gluten free) with a selection of cheese, tomatoes, cucumber and pickle. * Home-made cacao nib chocolate cake
Tuesday Home-made coconut and raisin porridge, boiled eggs. Bagels, muffins, fresh fruit, bread and jams and a choice of milk for all dietary needs.	Roasted vegetable and turkey meatballs served with gluten free cous-cous. * Seasonal fruit crumble	Cauliflower broccoli and chickpea cakes served with onion dip. * Pear, papaya and soaked oats compot
Wednesday Scrambled egg with smoked salmon, porridge, bagels, muffins, bread and jams, fresh fruit and a choice of milk for all dietary needs.	Home-made roasted vegetable and bacon medley, served with home-made rosemary and butter wedges * Home-made kale and beetroot cake	Selection of finger sandwiches * Fresh fruit yogurt and raspberry coulis
Thursday Apricot porridge, boiled eggs with home-made bread Bagels, muffins, toast and jams, fresh fruit choice of milks for all dietary needs.	Home-made mini chicken ham, cheese en croute, served with vegetable of the day and dauphinoise potatoes * Water melon	Home-made pitta bread pizza with spring onion cheese, pineapple and spicy sausage topped with herbs. * Home-made gooey chocolate sponge
Friday Bacon and sausages, porridge, bagels, toast and jams, fresh fruit, choice of milks for all dietary needs.	Home-made fisherman's pie with a cheese crust * carrot and apple slush	No dinner club. Nursery closes at 5.00pm for team meetings.

A selection of seasonal vegetables and potatoes will be served daily, sourced from as wide a variety as possible.

All snacks are available twice daily:

Homemade bread-sticks, cheese selection, olives, crisp-breads, rice cakes, bagels, crumpets, muffins, spelt breads, homemade bread, fruit, home made hummus and vegetable sticks

Please note we use all organic and local produce, our eggs are free range and all our meat is also organic.

All the breads are mainly gluten free as this is then available to all children.