



Breakfast	Lunch	Dinner
Monday Home-made apple porridge bagels, fresh fruit. Home-made Bacon and spinach muffins. Bread and jams and a choice of milk for all dietary needs.	Seasonal roasted vegetable medley with garlic and parsley. Served with crispy bacon, and potatoes of the day * Selection fresh fruit	Home-made parsnip and apple loaf served with a cheese and ham selection. * Yogurt and cranberry sauce
Tuesday (Christmas lunch) Roasted sausage slices, home-made coconut porridge, boiled eggs. Bagels, muffins, fresh fruit, bread and jams and a choice of milk for all dietary needs.	Christmas dinner day. Traditional roast turkey with all the trimmings. Vegetarian spinach and goats cheese tart  Sticky chocolate and date cake or Christmas cake ice cream	Bubble and squeak fritters served with homemade relish * Fresh fruit
Wednesday Scrambled egg with smoked salmon, porridge, bagels, muffins, bread and jams, fresh fruit, choice of milk for all dietary needs.	Traditional lamb and rosemary hotpot Pineapple wedges and dipping sauce	Homemade sausage rolls made with a herb pastry and homemade coleslaw * Pear and apple and vanilla cake
Thursday Blueberry and orange porridge bagels, muffins, toast and jams, fresh fruit choice of milks for all dietary needs.	Homemade cottage pie with a cheese crust * Homemade coconut and raspberry meringue	Homemade gluten and dairy free potato and ham broth served with homemade bread * Water melon
Friday Pea muffins, porridge, bagels, toast and jams, fresh fruit choice of milks for all dietary needs.	Chunky homemade cod bites served with mushy peas and mashed potatoes. * Homemade banana ice cream	No dinner club. Nursery closes at 5.00pm for team meetings.

A selection of seasonal vegetables and potatoes will be served daily, sourced from as wide a variety as possible.

All snacks are available twice daily offering

Homemade breadsticks, cheese selection, olives, crisp-breads, rice cakes, bagels, crumpets, muffins, spelt breads,  
homemade bread ,fruit, home made hummus and vegetable sticks

Please note we use all organic and local produce, our eggs are free range and all our meat is organic.

All the breads are mainly gluten free as this is then available to all children.

